



EARTHE

Activity 2

Digital toolkit for innovative curriculum and methodological development

Module 1 – Growth Mindset

Method 6 – Group Projects



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Method 6. – Group Projects

Soft skill focus

This method encourages collaboration, persistence, and shared responsibility while providing opportunities to embrace challenges, adapt to setbacks, and apply feedback in a real-world, team-based context.

Learning outcomes

By the end of this activity, learners will be able to:

- Collaborate effectively with diverse team members to achieve a common goal.
- Apply growth mindset principles to manage setbacks and unexpected changes during the project.
- Integrate constructive feedback into the ongoing development of a shared task.
- Reflect on both personal and team growth achieved through collaborative work

Target group

Age: 20+ (adult learners)

Gender: All

Level of studies: Secondary education, vocational training, or higher education

Status: Employed / unemployed / seeking employment

Fewer opportunities: Suitable for learners with limited experience in teamwork or those seeking to strengthen collaboration and adaptability skills.

Group projects are particularly valuable for individuals preparing for workplace environments where joint problem-solving and cooperative execution are essential.

Method description

Group projects involve teams of learners working together on a shared goal over a defined period. The process requires task division, communication, adaptation to challenges, and the application of feedback — all of which align strongly with a growth mindset approach.



Implementation instructions

Timeline: 2–4 weeks (depending on project scope).

No. of participants: 4–8 learners per group.

Necessary materials: Project brief, planning tools (physical or digital), access to resources relevant to the project topic.

Space: Classroom, workshop area, or virtual collaboration platform.

Implementation in 5 steps

Step 1 – Introduction and Project Briefing

Facilitator presents the project scope, objectives, deliverables, and deadlines, highlighting opportunities to apply growth mindset principles when encountering obstacles.

Step 2 – Team Formation and Role Assignment

Learners form groups, either self-selected or assigned, and decide on roles (e.g., coordinator, researcher, presenter). Emphasis is placed on equitable workload distribution.

Step 3 – Planning and Milestones

Teams outline their project plan, set milestones, and decide how they will communicate, track progress, and address challenges. Facilitator encourages contingency planning for potential setbacks.

Step 4 – Execution and Iteration

Teams work on their projects, applying feedback from peers and the facilitator at agreed checkpoints. Learners adapt their strategies as necessary, practicing resilience and persistence.

Step 5 – Presentation and Reflection

Each team presents their final product or outcome to the class or an external audience. Facilitator leads a reflection session where learners analyse both the final result and the growth process they experienced.

Practical tips

Tip 1 – Choose projects with meaningful, real-world relevance to maintain motivation.

Tip 2 – Include structured reflection sessions during the project, not only at the end.



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Tip 3 – Celebrate process improvements and adaptability, not just the final product.

Debriefing questions

Question 1 – How did your team handle challenges or disagreements during the project?

Question 2 – What role did feedback play in improving your work?

Question 3 – How have you personally grown as a result of this group experience?

Practical description sheet

Title: Group Projects – Growth Mindset

Purpose: To build collaboration, adaptability, and persistence by engaging in a shared, real-world task.

Duration: 2–4 weeks

Format: Small team collaboration with facilitator support

Core Steps: Introduce → Form teams & assign roles → Plan → Execute & adapt → Present & reflect

Materials: Project brief, planning tools, access to relevant resources

Key Benefits: Develops teamwork, applies feedback constructively, encourages resilience under real-world conditions.