



EARTHE

Activity 2

Digital toolkit for innovative curriculum and methodological development

Module 1 – Growth Mindset

Method 3 – Role plays



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Method 3. – Role Play

Soft skill focus

This method simulates real-life challenges that require adaptability, resilience, and constructive feedback response, enabling learners to practice growth mindset behaviours in a safe and supportive environment.

Learning outcomes

By applying this method, learners will be able to:

- Demonstrate persistence and problem-solving in simulated scenarios.
- Apply constructive feedback during role play to improve performance.
- Exhibit flexibility and willingness to adapt strategies when facing obstacles.
- Reflect on personal reactions to challenges and identify areas for growth.

Target group

Age: 20+ (adult learners)

Gender: All

Level of studies: Secondary education, vocational training, or higher education

Status: Employed / unemployed / seeking employment

Fewer opportunities: Particularly beneficial for those with limited exposure to teamwork, leadership, or conflict resolution practice.

Role plays are ideal for learners who need to move from theoretical understanding to active behavioural application of growth mindset principles.

Method description

Role plays involve learners acting out specific situations that reflect common personal or workplace challenges. This allows them to test responses, practice adaptability, and receive feedback in a risk-free environment.



Implementation instructions

Timeline: 60 minutes (can be extended for multiple rounds).

No. of participants: 6–16 learners.

Necessary materials: Scenario cards, observer feedback sheets, pens, optional props.

Space: Flexible open space for movement; breakout rooms for online delivery.

Implementation in 5 steps

Step 1 – Introduction to Role Play

Facilitator explains the purpose of role plays in developing growth mindset, clarifying that the focus is on process and learning, not performance perfection.

Step 2 – Scenario Assignment

Learners are divided into small groups or pairs and assigned realistic scenarios (e.g., receiving critical feedback, dealing with project failure, adapting to unexpected changes).

Step 3 – Preparation

Groups/pairs have 5–10 minutes to discuss their approach, assign roles, and decide how to demonstrate resilience, openness to feedback, and persistence.

Step 4 – Performance & Observation

Groups act out their scenarios while others observe and take notes on examples of growth mindset behaviours and areas for improvement.

Step 5 – Feedback & Reflection

Observers provide constructive feedback, and role players reflect on what they did well, what challenged them, and how they might apply the experience in real life. Facilitator summarises key lessons.

Practical tips

Tip 1 – Create scenarios that reflect both professional and personal contexts.

Tip 2 – Ensure psychological safety; emphasise that mistakes are part of the learning process.

Tip 3 – Rotate roles to allow participants to experience different perspectives.



Debriefing questions

Question 1 – How did you feel when facing the challenge in your scenario?

Question 2 – What growth mindset strategies did you consciously apply?

Question 3 – How can you transfer these strategies to real-life situations?

Practical description sheet

Title: Role Plays – Growth Mindset

Purpose: To actively practice resilience, adaptability, and constructive feedback handling through simulated scenarios.

Duration: 60 minutes

Format: Small groups or pairs, with peer observation and feedback

Core Steps: Introduce → Assign scenario → Prepare → Perform & observe → Feedback & reflect

Materials: Scenario cards, feedback sheets, optional props

Key Benefits: Bridges theory and practice, builds confidence, promotes constructive peer feedback.