



EARTHE

Activity 2

Digital toolkit for innovative curriculum and methodological development

Module 1 – Growth Mindset

Method 2 – Case studies

Class activities



Module 1 – Growth Mindset

Class activity 1. – Spot the Mindset

Related method: Case Studies

Target group

Age: 20+

Gender: All

Level of studies: Secondary education, vocational training, or higher education

Status: Employed / unemployed / seeking employment

Fewer opportunities: Very useful for learners without access to professional coaching or real-life mentors, as it allows them to learn indirectly from others' experiences.

Learning outcomes

After finalising this activity, the learners will be able to:

- Identify examples of growth and fixed mindsets in real-life situations.
- Understand how mindset influences decision-making and outcomes.
- Discuss alternative actions that could lead to improved results.

Duration

60 minutes

Materials and resources

2–3 short written or video case studies, Whiteboard/flip chart or digital collaboration board, Highlighters or annotation tools for marking mindset indicators

Activity description

Learners examine case studies, identifying mindset indicators in characters' actions and language. This should result in sharpening their ability to recognise and analyse mindset-related behaviours.



Detailed Implementation Steps

Introduction:

Facilitator introduces the difference between fixed and growth mindset behaviours, giving quick examples from everyday life or work.

Main activity:

Learners receive case studies in small groups. They highlight/annotate phrases and actions that reveal mindset type. Groups categorise examples into “growth” and “fixed” on a flip chart. Each group shares key observations with the class.

Conclusion and reflection:

Facilitator summarises patterns and leads a discussion on how shifting from fixed to growth behaviours might have changed the outcomes.

Assessment / Evaluation Method

Observation of group work and participation.

Quality of examples identified.

Short oral recap from each group summarising mindset indicators found.

Adaptation Tips

Use industry-specific case studies for workplace groups.

Simplify case content for learners with lower literacy.

For online delivery, use annotation features in shared documents or platforms.

Module 1 – Growth Mindset

Class activity 2. - Rewrite the Ending

Related method: Case Studies

Target group

Age: 20+

Gender: All

Level of studies: Any adult education level

Status: Employed / unemployed / seeking employment

Fewer opportunities: Works well for learners who struggle to imagine alternative approaches to challenges.

Learning outcomes

After finalising this activity, the learners will be able to:

- Demonstrate creative problem-solving through scenario redesign.
- Apply growth mindset strategies to alter negative or limited outcomes.
- Collaborate with peers to generate actionable improvement ideas.

Duration

75 minutes

Materials and resources

1–2 detailed case studies with problematic outcomes, Paper or digital templates for rewriting scenarios, Pens, markers, or collaborative online whiteboards

Activity description

Learners receive a case study with an unsatisfactory outcome. Working in groups, they rewrite the ending by applying growth mindset strategies to key decision points.

Detailed Implementation Steps

Introduction:



Facilitator explains that sometimes, the difference between success and failure lies in how we react to setbacks and feedback.

Main activity:

Groups read the case and identify the turning points that led to the poor outcome. They brainstorm alternative actions based on growth mindset principles. They rewrite the ending to show how these changes could improve results. Groups present their revised scenarios to the class.

Conclusion and reflection:

Class discusses which strategies were most effective and how they could be applied in real-life situations.

Assessment / Evaluation Method

Review of revised endings for inclusion of growth mindset strategies.

Peer voting on the most realistic and positive rewrite.

Facilitator checklist of applied principles.

Adaptation Tips

Use real participant experiences instead of fictional cases for greater relevance.

For shorter sessions, focus on one key decision point rather than the entire scenario.

For advanced groups, require a written justification of each change.



Module 1 – Growth Mindset

Class activity 3. - Mindset Detective

Related method: Case Studies

Target group

Age: 20+

Gender: All

Level of studies: Any adult education level

Status: Employed / unemployed / seeking employment

Fewer opportunities: Beneficial for learners with limited analytical experience, as it provides a clear structure for investigation.

Learning outcomes

After finalising this activity, the learners will be able to:

- Analyse behaviours and decisions in a structured way
- Detect subtle signs of mindset in communication and choices.
- Formulate recommendations to strengthen a growth mindset.

Duration

90 minutes

Materials and resources

Detailed case file including background, dialogue, and events, “Mindset Clues” worksheet (listing behaviours and statements to look for), Flip chart or digital collaboration tool for presenting findings

Activity description

Participants act as “mindset detectives,” investigating a case file to find clues about the subject’s mindset, justify their conclusions, and recommend mindset shifts.



Detailed Implementation Steps

Introduction:

Facilitator frames the activity as an investigation game — learners are analysts trying to understand how mindset influenced the case's outcome.

Main activity:

Groups receive the case file and the “Mindset Clues” worksheet. They analyse events and dialogue, marking each clue as either “growth” or “fixed”. They compile a profile of the main character's mindset. They write 2–3 concrete recommendations to encourage a growth mindset. Groups present their case findings to the class.

Conclusion and reflection:

Facilitator highlights the importance of identifying early warning signs of a fixed mindset and intervening constructively.

Assessment / Evaluation Method

Completion and accuracy of the “Mindset Clues” worksheet.

Quality and feasibility of recommendations.

Group presentations demonstrating clear reasoning.

Adaptation Tips

For quick sessions, use a shorter “mini-case” version.

For online delivery, use collaborative investigation boards (e.g., Miro, MURAL).

For workplace training, adapt case files to the company's industry and context.